

## EXERCISE: WHIZZING ON THE ELECTRIC FENCE

The rules in your mind are like psychological electric fences that keep you from consciously engaging your real dreams. Instead of railing at them, I'd like you to start treating them with profound disrespect, and ultimately trampling right over them. To start, please complete the following sentences.

“If I didn't care what people thought, I would \_\_\_\_\_  
\_\_\_\_\_.”

“If I were sure I'd succeed, I would \_\_\_\_\_  
\_\_\_\_\_.”

“If I had the nerve, I would \_\_\_\_\_  
\_\_\_\_\_.”

“If I could be certain it was the right choice, I would \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_.”

“If I weren't worried about the future, I would \_\_\_\_\_  
\_\_\_\_\_.”

“If I had the freedom, I would \_\_\_\_\_  
\_\_\_\_\_.”